

Group Class Timetable 2019



| | 8:00am | 9.30am | 10.30am | 12.00pm | 1.00pm | 1.30pm | 3.00pm | 6.00pm | 7.00pm |
|------------------|--------|----------------|--------------------|----------------|----------------|--------|--------------------|----------------|----------------|
| Monday | | | | | | | | Group Exercise | |
| Tuesday | | | | | Group Exercise | | | | |
| Wednesday | | Group Exercise | Strong to the Bone | | | | | Group Exercise | Group Exercise |
| Thursday | | | | | | | Strong to the Bone | | |
| Friday | | | | Group Exercise | | | | | |

EP Clinical Hours - Mike Fitzsimon

Mon 4.30pm to 8pm / 3pm to 8pm

Tues 8am to 5pm / 1pm to 8pm

Wed 8am to 8pm

Thur 3pm to 8pm / 8am to 5pm

Fri 8am to 5pm

Clinic Contacts

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